



In The Garden by C. Austin Miles

I come to the garden alone While the dew is still on the roses And the voice I hear falling on my ear The Son of God discloses.

Refrain: And He walks with me, and He talks with me, And He tells me I am His own; And the joy we share as we tarry there, None other has ever known.

He speaks, and the sound of His voice, Is so sweet the birds hush their singing, And the melody that He gave to me Within my heart is ringing.

Refrain: And He walks with me, and He talks with me, And He tells me I am His own; And the joy we share as we tarry there, None other has ever known.

I'd stay in the garden with Him Though the night around me be falling, But He bids me go; through the voice of woe His voice to me is calling.

Refrain: And He walks with me, and He talks with me, And He tells me I am His own; And the joy we share as we tarry there, None other has ever known

Psalm 46:1 (NIV) God is our refuge and strength, a very present help in trouble.

Thank you, Lord, for Your patience with my reluctance to weed my heart of harmful attitudes. ... Author unknown...

If you'd like a mind at peace, a heart that cannot harden, find a door that opens wide, upon a lovely garden. ...Author unknown...

With A Flower by Emily Dickinson

Edited by Mabel Loomis Todd and T.W. Higginson

I HIDE myself within my flower, That wearing on your breast, You, unsuspecting, wear me too--And angels know the rest.

A Child Is the Greatest Gift by Nicholas Gordon

A child is the greatest gift
That our lives can bestow.
It brings the most exquisite joy
That we will ever know.

Some days deliver happiness, Far more than we can touch. We need the help of all our friends To comprehend how much.

And so we thank you for the gifts, Both those you brought and are, That celebrate this rich, full life And its rising star!

Genesis 1:29 (NIV) I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food.

 Luke 12:27 (NIV) Consider how the lilies grow. They do not labor or spin. Yet I tell you, not even Solomon in all his splendor was dressed like one of these.

THE LILY by William Blake

The fragrance of praise: Thank you, God, for the cold seasons that give repose to earthbound sleepers and grant gardeners time to reflect. ...

Author unknown...

On being asked, Whence is the flower? Ralph Waldo Emerson – The Rhodora

In May, when sea-winds pierced our solitudes, I found the fresh Rhodora in the woods. Spreading its leafless blooms in a damp nook, To please the desert and the sluggish brook. The purple petals, fallen in the pool, Made the black water with their beauty gay; Here might the red-bird come his plumes to cool. And court the flower that cheapens his array. Rhodora! if the sages ask thee why This charm is wasted on the earth and sky, Tell them, dear, that if eyes were made for seeing, Then Beauty is its own excuse for being: Why thou wert there, O rival of the rose! I never thought to ask, I never knew: But, in my simple ignorance, suppose the selfsame Power that brought me there brought you. *************

Gardeners realize the value of reshaping, retraining, and controlling the contours of a plant. Can we not then trust God when He clips away as us with divine secateurs? He intends only to enhance those whom He prunes. How much more will we flourish when we are sheared by the expert skills of the Master Gardener.

...Author unknown

By Emily Dickinson

Edited by Mabel Loomis Todd and T.W.

Higginson

NEW feet within my garden go,

New fingers stir the sod;

A troubadour upon the elm

Betrays the solitude.

Corinthians 9:6 (NIV) Remember: sparse sowing, sparse reaping; sow bountifully, and you will reap bountifully.

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From "Thoughts in Solitude" by Thomas Morton

My Lord God,
I have no idea where I am going.
I do not see the road ahead of me.
I cannot know for certain where it will end.
Nor do I really know myself,
and the fact that I think I am following Your will
does not mean that I am actually doing so.
But I believe that the desire to please You
does in fact please you.
And I hope I have that desire in all that I am doing.
I hope that I will never do anything apart from that

John 15:1-2 (NIV) I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful.

Church in The Wildwood

Words and music by William S. Pitts

There's a church in the valley by the wildwood, No lovelier spot in the dale; No place is so dear to my childhood, As the little brown church in the vale.

Chorus

(oh, come, come, come)
Come to the church in the wildwood,
Oh come to the church in the vale,
No spot is so dear to my childhood,
As the little brown church in the vale.

How sweet on a clear Sabbath morning, To list'n to the clear ringing bells; It's tones are so sweetly calling, Oh come to the church in the vale.

Chorus

There, close by the church in the valley, Lies one that I loved so well; She sleeps, sweetly sleeps, 'neath the willow, Disturb not her rest in the vale.

Chorus

There, close by the side of that loved one, 'Neath the tree where the wild flowers bloom, When farewell hymns shall be chanted, I shall rest by her side in the tomb.

The root of the matter: I find this principle so like my relationship with God. If I'm too busy to read His Word or to wait prayerfully in His presence, I may not realize I'm getting dry, or I've become diseased by a pestilent attitude, or am in need of extra water due to a fiery trail. God's always there for me, but if I don't place myself in His presence, I won't notice His signs, hear His voice, or respond to His instructions. I must be consistently related to God if I hope to grow. ...

Author unknown...

A SONG IN SPRING

Thomas S. Jones, Jr.The Little Book Of Modern Verse

O Little buds all bourgeoning with Spring, You hold my winter in forgetfulness; Without my window lilac branches swing, Within my gat I hear a robin sing – O little laughing blooms that lift and bless!

So blow the breezes in a soft caress,
Blowing my dreams upon a swallow's wings;
O little merry buds in dappled dress,
You fill my heart with very wantonness –
O little buds all bourgeoning with Spring!

AGAMEDE'S SONG

Arthur Upson

The Little Book Of Modern Verse

Grow, grow, thou little tree, His body at the roots of thee; Since last year's loveliness in death The living beauty nourisheth.

Bloom, bloom, thou little tree, Thy roots around the heart of me; Thou canst not blow too white and fair From all the sweetness hidden there.

Die, die, thou little tree, And be as all sweet things must be; Deep where thy petals drift I, too, Would rest the changing season through.

Blessed Assurance Text: Fanny J. Crosby,

Music: Phoebe P. Knapp

Blessed assurance, Jesus is mine! O what a foretaste of glory divine! Heir of salvation, purchase of God, born of his Spirit, washed in his blood.

Refrain: This is my story, this is my song, praising my Savior all the day long; this is my story, this is my song, praising my Savior all the day long.

Perfect submission, perfect delight, visions of rapture now burst on my sight; angels descending bring from above echoes of mercy, whispers of love. (Refrain)

Perfect submission, all is at rest; I in my Savior am happy and blest, watching and waiting, looking above, filled with his goodness, lost in his love. (Refrain)

Song of Songs 2:12-13 (NIV) Flowers appear on the earth; the season of singing has come, the cooing of doves is heard in our land. The fig tree forms its early fruit; the blossoming vines spread their fragrance. Arise my darling; my beautiful one, come with me.

Go forth in love! Root yourself deeply in the earth God gave to your love and care. Drink deeply of the waters God pours out for you. Grow through the sun and wind and storms. And your lives will bear fruit to honor the God who gives you life. Amen...Author unknown...

Isaiah 40:8 (NIV) The grass withers, the flower fades, But the word of our God stands forever.

The Harper James Whitcomb Riley

Like a drift of faded blossoms

Caught in a slanting rain,

His fingers glimpsed down the strings of his harp

In a tremulous refrain.

Patter and tinkle, and drip and drip!
Ah! but the chords were rainy sweet!
And I closed my eyes and I bit my lip,
As he played there in the street.

Patter, and drip, and tinkle! And there was the little bed In the corner of the garret, And the rafters overhead!

TRANSPLANTED. by Emily Dickinson

Edited by Mabel Loomis Todd and T.W.

Higginson

The love of gardening is a seed that once sown never dies. ... Author unknown...

The garden boasts of God's handiwork. Look closely at a leaf as it glistens in the morning son, or count the ways insects make cocoons on the leaves and stems of a tree. Inhale the fragrance of wild honeysuckle or jasmine, and give praise to the One who created such pleasure.

Amazing Grace

Text: John Newton; Music: Edwin O. Excell

Amazing grace! How sweet the sound that saved a wretch like me! I once was lost, but now am found; was blind, but now I see.

'Twas grace that taught my heart to fear, and grace my fears relieved; how precious did that grace appear the hour I first believed.

Through many dangers, toils, and snares, I have already come; 'tis grace hath brought me safe thus far, and grace will lead me home.

The Lord has promised good to me, his word my hope secures; he will my shield and portion be, as long as life endures.

Yea, when this flesh and heart shall fail, and mortal life shall cease, I shall possess, within the veil, a life of joy and peace.

Just Sort-of

Submitted by Ollie Caylor

"Who is that girl in the house over there with the checkered dress and the blondish hair?" "She sort-of works there," Bob replied.

"She takes the baby for a ride;

She does their washing, and irons their clothes and plants their flowers in neat little rows; and washes their dishes, and gets their meals, and makes marmalade out of orange peels.

When the lights go out, she mends the fuse; and darns their stockings and cleans their shoes, and bakes them cookies and rolls and cakes, and doctors them for the stomach-aches.

The Happiest Heart John Vance Cheney

The Little Book Of Modern Verse

Who drives the horses of the sun Shall lord it but a day; Better the lowly deed were done, And kept the humble way.

The rust will find the sword of fame,
The dust will hide the crown;
Ay, none shall nail so high his name
Time will not tear it down.

Take My Life and Let It Be Words: Frances R. Havergal

Take my life, and let it be Consecrated, Lord, to Thee; Take my moments and my days, Let them flow in ceaseless praise. Let them flow in ceaseless praise.

Take my hands, and let them move At the impulse of Thy love; Take my feet, and let them be Swift and beautiful for Thee. Swift and beautiful for Thee.

Take my voice, and let me sing Always, only, for my King; Take my lips, and let them be Filled with messages from Thee. Filled with messages from Thee.

Take my silver and my gold: Not a mite would I withhold; Take my intellect, and use Ev'ry pow'r as Thou shalt choose. Ev'ry pow'r as Thou shalt choose.

Take my will, and make it Thine, It shall be no longer mine; Take my heart, it is Thine own, It shall be Thy royal throne. It shall be Thy royal throne.

Take my love, my Lord, I pour
At Thy feet its treasure store;
Take myself, and I will be,
Ever, only, all for Thee.
Ever, only, all for Thee.

"For a long time it had seemed to me that life was about to begin -- real life. But there was always some obstacle in the way, something to be got through first, some unfinished business, time still to be served, a debt to be paid. Then life would begin. ..

At last it dawned on me that these obstacles

WERE my life."... Fr. Alfred D'Souza...

Galatians 5:22-23 (NIV) But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

By Mother Teresa

The fruit of Silence is Prayer
The fruit of Prayer is Faith
The fruit of Faith is Love
The fruit of Love is Service
The fruit of Service is Peace.

Matthew 7:15-20 (NIV) Watch out for false prophets. They come to you in sheep's clothing, but inwardly they are ferocious wolves. By their fruit you will recognize them. Do people pick grapes from thorn bushes, or figs from thistles? Likewise every good tree bears good fruit, but a bad tree bears bad fruit. A good tree cannot bear bad fruit, and a bad tree cannot bear good fruit. Every tree that does not bear good fruit is cut down and thrown into the fire. Thus, by their fruit you will recognize them.

A Noiseless Patient Spider Walt Whitman

A NOISELESS, patient spider, I mark'd, where, on a little promontory, it stood, isolated;

Mark'd how, to explore the vacant, vast surrounding, It launch'd forth filament, filament, filament, out of itself;

Ever unreeling them—ever tirelessly speeding them.

And you, O my Soul, where you stand, Surrounded, surrounded, in measureless oceans of space,

Ceaselessly musing, venturing, throwing,—seeking the spheres, to connect them;

Till the bridge you will need, be form'd—till the ductile anchor hold:

Till the gossamer thread you fling, catch somewhere, O my Soul

His Eye is on the Sparrow Lyrics by Lauryn Hill

Why should I feel discouraged, why should the shadows come.

Why should my heart be lonely, and long for heaven and home.

When Jesus is my portion? My constant friend is He: His eye is on the sparrow, and I know He watches me; His eye is on the sparrow, and I know He watches me.

Refrain:

I sing because I'm happy, I sing because I'm free, For His eye is on the sparrow, And I know He watches me.

"Let not your heart be troubled," His tender word I hear,

And resting on His goodness, I lose my doubts and fears;

Though by the path He leadeth, but one step I may see; His eye is on the sparrow, and I know He watches me; His eye is on the sparrow, and I know He watches me.

Refrain:

I sing because I'm happy, I sing because I'm free, For His eye is on the sparrow, And I know He watches me.

Whenever I am tempted, whenever clouds arise, When songs give place to sighing, when hope within me dies.

Matthew 6:26-33 (NIV) Look at the birds in the sky. They do not plant or harvest; they gather nothing into barns. Yet your Father provides for them. Consider the lilies of the field. Solomon in all his glory was not clothed as beautifully as they are. Will not God provide for you also? Do not worry about what you will eat or drink, or what you will wear. Your Father knows what you need. Seek first the kingdom of God, and everything else you need will be given to you.

The more balanced our lives, the fewer problems we create. For example, if we work too much, we become stressed and dull. If we play too much, we fall behind and get frustrated. When we blend work and play, along with other essential needs, what's the result? A balanced lifestyle, like good soil-is capable of growing, supporting, and maturing the life that God planted within us. ... Author unknown...

Psalm 23 (NIV)

The LORD is my shepherd, I shall not be in want.

He makes me lie down in green pastures, he leads me beside quiet waters,

He restores my soul. He guides me in paths of righteousness for his name's sake.

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

THE GRASS. by Emily Dickinson

Edited by Mabel Loomis Todd and T.W. Higginson

THE grass so little has to do,—A sphere of simple green,
With only butterflies to brood,
And bees to entertain,

And stir all day to pretty tunes
The breezes fetch along,
And hold the sunshine in its lap
And bow to everything;

And thread the dews all night, like pearls,
And make itself so fine,-A duchess were too common
For such a noticing.

And even when it dies, to pass In odors so divine, As lowly spices gone to sleep, Or amulets of pine.

And then to dwell in sovereign barns, And dream the days away,--The grass so little has to do, I wish I were the hay!

Love's Garden

by Ellen Robena Field

There is a quiet garden,
From the rude world set apart,
Where seeds for Christ are growing;
This is the loving heart.

The tiny roots are loving thoughts; Sweet words, the fragrant flowers Which blossom into loving deeds, Ripe fruits for harvest hours.

Thus in our hearts the seeds of love
Are growing year by year;
And we show our love for the Saviour,
By loving His children here.

Psalm 46 (NIV)

God is our refuge and strength, an ever-present help in trouble.

Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea.

though its waters roar and foam and the mountains quake with their surging. Selah

There is a river whose streams make glad the city of God, the holy place where the Most High dwells.

God is within her, she will not fall; God will help her at break of day.

Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts.

The LORD Almighty is with us; the God of Jacob is our fortress. Selah

Come and see the works of the LORD, the desolations he has brought on the earth.

He makes wars cease to the ends of the earth; he breaks the bow and shatters the spear, he burns the shields with fire.

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

Dear Father in Heaven, Bless the children as we plant the seeds of learning your Word. Keep them safe as they grow strong. Amen.

..Author unknown...

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Child and Adolescent Behavioral Health Services 320-231-5337 or 888-883-0266

Community Addiction Recovery Enterprise 320-231-5468 or 888-234-1319

Community Behavioral Health Hospital (CBHH) 320-231-6074

Woodland Centers (320) 235-4613 www.woodlandcenters.com

Six ways to stress less

1. Get together with a friend.

Discuss your stressful situation and let her tell you about hers (don't worry,she's got one too!) — maybe while going for a walk, baking cookies or doing someother fun thing. Together, figure out ways to cope. Or better yet, just laugh until your stomachs hurts! Rent a comedy, make up silly jokes, or do imitations of famous people.

2. Focus on your inner voice.

Spend some time in a quiet place reflecting on how to get a better handle of stressful situations.

3. Say yes to yourself.

You don't have to join every club or go to every party. Doing too much can be a stressful burden. Say no to others in order to say yes to yourself.

4. Get organized.

Write down your test and other school work due dates, activities, chores, etc. Cross off items as you complete them. Give yourself a small reward for every task you complete.

5. Do a good deed.

Helping others is a great way to feel good about yourself. When you feel good about yourself, you may find you can manage your stress better. Volunteer, help a neighbor, do something special for a family member. Take your mind off your own worries and focus on helping someone else.

6. Don't procrastinate!

Putting off things you have to do and don't want to do just creates more stress for yourself. So make up with your friend or start writing that essay you've been putting off- and do it TODAY!

Adapted from uniquely ME!: The Real Deal ©2002 Girl Scouts of the United States of America

New London Spicer High School

Crisis Hotline: 231-9158

Guidance:

Bill Zanin 354-2252 x 2605 Linda Lorenzen-Groth x 2604

School Psychologist:

Deb Hanson x 2647

School Social Worker:

Lynn Dwyer x 2429

Liz Kruger x 2430

School Principals:

Kevin Acquard x 2618 Joe Broderick x 2611 Trish Hall/Perry x 2401

Please be considerate of others who may be using the garden or grounds.

A copy of this booklet can be found on:

http://hopechurchspicer.org

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